

Declaration of Lisbon

On the occasion of our 50th annual meeting in October, 2024, in Lisbon, Portugal, the members of the International Society for Pediatric and Adolescent Diabetes (ISPAD), renew their Hippocratic Oath by proclaiming their commitment to continue and update the ISPAD Declaration of Kos¹ to promote optimal health, social welfare, and quality of life for all children, adolescents, and young adults with diabetes around the world. We take this unique opportunity to reaffirm the commitments of diabetes specialists in the past and advocate for the following for all children, adolescents, and young adults with diabetes (panel).

We declare no competing interests. This piece was written on behalf of the International Society for Pediatric and Adolescent Diabetes.

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1 Brink S. ISPAD declaration of Kos. *J Paediatr Child Health* 1995; **31**: 156.

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Panel: Recommendations for improving care for children, adolescents, and young adults with diabetes

- 1 To advance precision diagnosis for all children in all stages of diabetes
- 2 To develop disease-modifying therapies to protect, enhance, or restore the residual beta-cell function aiming for a cure
- 3 To make insulin and other evidence-based diabetes treatments more readily available
- 4 To reduce the morbidity and mortality rate of short-term and long-term complications, including mental health diagnoses, as well as missed diagnoses related to diabetes
- 5 To make person-centred and age-appropriate care and education accessible to all children, adolescents, and young adults with diabetes and their families
- 6 To increase the availability of appropriate diabetes technology, including continuous glucose monitoring equipment, insulin pumps, automated insulin delivery systems and other devices
- 7 To develop and encourage research on diabetes in this demographic around the world
- 8 To prepare and disseminate written guidelines and standards for practical and realistic diabetes care, psychosocial care, monitoring, nutrition, education, and consistent goal-setting for young people with diabetes and their families—this should emphasise the crucial role of the team of health-care professionals and the community in these tasks globally
- 9 To advocate for inclusive policies and a safe environment in schools, non-academic activities, and work settings
- 10 To establish transitional care policies from paediatric to adult services for adolescents and young adults living with diabetes
- 11 To ensure and advocate for better conditions for children, adolescents, and young adults with diabetes who are facing life-threatening challenges due to man-made and natural disasters
- 12 To engage with governmental health care agencies to increase attention to children, adolescents, and young adults with diabetes